



Muscle rehab - Arnica massage gel

Safety Data Sheet

According to SANS 10234:2008 and SANS 11014:2010

Issue date: 18/02/2021

Revision date: 20/02/2023

Version: 1.0

SECTION 1: Identification

1.1. Product identifier

Product form : Mixture
Trade name : Muscle rehab - Arnica massage gel
Type of product : Muscle and joint massage gel
Product code : 170667
Product group : Trade product

1.2. Relevant identified uses of the substance or mixture and uses advised against

No additional information available

1.3. Supplier's details

Manufacturer

Shield Chemicals (Pty) Ltd
9 London Rd
Apex
P.O. Box 1939
1501 Benoni - South Africa
T (011) 421 7111
info@shieldchem.co.za

1.4. Emergency telephone number

Emergency number : (011) 421 7111

SECTION 2: Hazards identification

2.1. Classification of the substance or mixture

Classification according to the United Nations GHS

Flammable liquids Not classified

Skin sensitisation, Category 1 H317

Full text of H statements : see section 16

2.2. Label elements

Labelling according to the United Nations GHS

Hazard pictograms (GHS-ZA) :



GHS07

Signal word (GHS-ZA) : Warning
Hazardous ingredients : Rosemary oil
Hazard statements (GHS-ZA) : H317 - May cause an allergic skin reaction.
Precautionary statements (GHS-ZA) : P261 - Avoid breathing vapours.
P272 - Contaminated work clothing should not be allowed out of the workplace.
P280 - Wear eye protection, protective clothing, protective gloves.
P302+P352 - IF ON SKIN: Wash with plenty of water.
P321 - Specific treatment (see supplemental first aid instruction on this label).
P333+P313 - If skin irritation or rash occurs: Get medical advice.
P362+P364 - Take off contaminated clothing and wash it before reuse.
P501 - Dispose of contents and container to an approved waste disposal plant.

2.3. Other hazards

Adverse physicochemical, human health and environmental effects : May cause an allergic skin reaction.

SECTION 3: Composition/information on ingredients

3.1. Substances

Not applicable

3.2. Mixtures

Name	Product identifier	%	Classification according to the United Nations GHS
Rosemary oil		1.0 - 5.0	Flam. Liq. 3, H226 Asp. Tox. 2, H305

Full text of H-statements: see section 16

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SECTION 4: First aid measures

4.1. Description of first aid measures

- First-aid measures after inhalation : Remove person to fresh air and keep comfortable for breathing.
- First-aid measures after skin contact : Wash skin with plenty of water. Take off contaminated clothing. If skin irritation or rash occurs: Get medical advice/attention.
- First-aid measures after eye contact : Rinse eyes with water as a precaution.
- First-aid measures after ingestion : Call a poison center or a doctor if you feel unwell.

4.2. Most important symptoms and effects, both acute and delayed

- Symptoms/effects after skin contact : May cause an allergic skin reaction.

4.3. Indication of any immediate medical attention and special treatment needed

Treat symptomatically.

SECTION 5: Firefighting measures

5.1. Extinguishing media

- Suitable extinguishing media : Water spray. Dry powder. Foam. Carbon dioxide.

5.2. Special hazards arising from the substance or mixture

No additional information available

5.3. Advice for firefighters

- Protection during firefighting : Do not attempt to take action without suitable protective equipment. Self-contained breathing apparatus. Complete protective clothing.

SECTION 6: Accidental release measures

6.1. Personal precautions, protective equipment and emergency procedures

No additional information available

6.1.1. For non-emergency personnel

- Emergency procedures : Ventilate spillage area. Avoid contact with skin and eyes. Avoid breathing vapours.

6.1.2. For emergency responders

- Protective equipment : Do not attempt to take action without suitable protective equipment. For further information refer to section 8: "Exposure controls/personal protection".

6.2. Environmental precautions

Avoid release to the environment.

6.3. Methods and material for containment and cleaning up

- Methods for cleaning up : Take up liquid spill into absorbent material.
- Other information : Dispose of materials or solid residues at an authorized site.

SECTION 7: Handling and storage

7.1. Precautions for safe handling

- Precautions for safe handling : Ensure good ventilation of the work station. Avoid contact with skin and eyes. Avoid breathing vapours. Wear personal protective equipment.
- Hygiene measures : Contaminated work clothing should not be allowed out of the workplace. Wash contaminated clothing before reuse. Do not eat, drink or smoke when using this product. Always wash hands after handling the product.

7.2. Conditions for safe storage, including any incompatibilities

- Storage conditions : Store in a well-ventilated place. Keep cool.

SECTION 8: Exposure controls/personal protection

8.1. Control parameters

No additional information available

8.2. Appropriate engineering controls

- Appropriate engineering controls : Ensure good ventilation of the work station.
- Environmental exposure controls : Avoid release to the environment.

8.3. Individual protection measures, such as personal protective equipment (PPE)

- Hand protection : Protective gloves
- Eye protection : Safety glasses
- Skin and body protection : Wear suitable protective clothing
- Respiratory protection : In case of insufficient ventilation, wear suitable respiratory equipment

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8.4. Exposure limit values for the other components

No additional information available

SECTION 9: Physical and chemical properties

9.1. Information on basic physical and chemical properties

Physical state	: Liquid
Appearance	: Thick gel.
Colour	: Yellow.
Odour	: characteristic.
Odour threshold	: No data available
pH	: 7.05 - 8.05
pH solution	: No data available
Relative evaporation rate (butylacetate=1)	: No data available
Relative evaporation rate (ether=1)	: No data available
Melting point	: Not applicable
Freezing point	: No data available
Boiling point	: No data available
Flash point	: > 100 °C
Auto-ignition temperature	: No data available
Decomposition temperature	: No data available
Flammability (solid, gas)	: Not applicable
Vapour pressure	: No data available
Vapour pressure at 50 °C	: No data available
Relative vapour density at 20 °C	: No data available
Relative density	: No data available
Relative density of saturated gas/air mixture	: No data available
Density	: No data available
Relative gas density	: No data available
Solubility	: No data available
Log Pow	: No data available
Log Kow	: No data available
Viscosity, kinematic	: No data available
Viscosity, dynamic	: 29220 - 43830 mPa.s
Explosive properties	: No data available
Oxidising properties	: No data available
Explosive limits	: No data available
Lower explosive limit (LEL)	: No data available
Upper explosive limit (UEL)	: No data available

9.2. Other information

No additional information available

SECTION 10: Stability and reactivity

10.1. Reactivity

The product is non-reactive under normal conditions of use, storage and transport.

10.2. Chemical stability

Stable under normal conditions.

10.3. Possibility of hazardous reactions

No dangerous reactions known under normal conditions of use.

10.4. Conditions to avoid

None under recommended storage and handling conditions (see section 7).

10.5. Incompatible materials

No additional information available

10.6. Hazardous decomposition products

Under normal conditions of storage and use, hazardous decomposition products should not be produced.

SECTION 11: Toxicological information

11.1. Information on toxicological effects

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Acute toxicity (oral)	: Not classified
Acute toxicity (dermal)	: Not classified
Acute toxicity (inhalation)	: Not classified
Skin corrosion/irritation	: Not classified
	pH: 7.05 - 8.05
Serious eye damage/irritation	: Not classified
	pH: 7.05 - 8.05
Respiratory or skin sensitisation	: May cause an allergic skin reaction.
Germ cell mutagenicity	: Not classified
Carcinogenicity	: Not classified
Reproductive toxicity	: Not classified
STOT-single exposure	: Not classified
STOT-repeated exposure	: Not classified
Aspiration hazard	: Not classified

SECTION 12: Ecological information

12.1. Toxicity

Ecology - general	: The product is not considered harmful to aquatic organisms nor to cause long-term adverse effects in the environment.
Hazardous to the aquatic environment, short-term (acute)	: Not classified
Hazardous to the aquatic environment, long-term (chronic)	: Not classified

12.2. Persistence and degradability

Muscle rehab - Arnica massage gel	
Persistence and degradability	No additional information available

12.3. Bioaccumulative potential

Muscle rehab - Arnica massage gel	
Bioaccumulative potential	No additional information available

12.4. Mobility in soil

Muscle rehab - Arnica massage gel	
Mobility in soil	No additional information available

12.5. Other adverse effects

Ozone	: Not classified
Other adverse effects	: No additional information available

SECTION 13: Disposal considerations

13.1. Disposal methods

Waste treatment methods	: Dispose of contents/container in accordance with licensed collector's sorting instructions.
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SECTION 14: Transport information

In accordance with SANS / IMDG / IATA

SANS	IMDG	IATA
14.1. UN number		
Not regulated for transport		
14.2. Proper Shipping Name		
Not applicable	Not applicable	Not applicable
14.3. Transport hazard class(es)		
Not applicable	Not applicable	Not applicable
Not applicable	Not applicable	Not applicable
14.4. Packing group		
Not applicable	Not applicable	Not applicable
14.5. Environmental hazards		
Dangerous for the environment : No	Dangerous for the environment : No	Dangerous for the environment : No
	:	

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SANS	IMDG	IATA
No supplementary information available		

14.6. Special precautions for user

- SANS

No data available

- IMDG

No data available

- IATA

No data available

14.7. Transport in bulk according to Annex II of MARPOL 73/78 and the IBC Code

Not applicable

SECTION 15: Regulatory information

15.1. Safety, health, and environmental national regulations specific for the product

No additional information available

SECTION 16: Other information

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Full text of H-statements:

H226	Flammable liquid and vapour.
H227	Combustible liquid
H228	Flammable solid.
H302	Harmful if swallowed.
H303	May be harmful if swallowed
H304	May be fatal if swallowed and enters airways.
H305	May be harmful if swallowed and enters airways
H312	Harmful in contact with skin.
H313	May be harmful in contact with skin
H315	Causes skin irritation.
H317	May cause an allergic skin reaction.
H318	Causes serious eye damage.
H319	Causes serious eye irritation.
H332	Harmful if inhaled.
H335	May cause respiratory irritation.
H371	May cause damage to organs.
H373	May cause damage to organs through prolonged or repeated exposure.
H400	Very toxic to aquatic life.
H401	Toxic to aquatic life
H402	Harmful to aquatic life
H410	Very toxic to aquatic life with long lasting effects.
H411	Toxic to aquatic life with long lasting effects.
H412	Harmful to aquatic life with long lasting effects.

SDS South Africa

This information is based on our current knowledge and is intended to describe the product for the purposes of health, safety and environmental requirements only. It should not therefore be construed as guaranteeing any specific property of the product.