



Arnica hot & icy - Muscle & joint massage gel

Safety Data Sheet

according to SANS 10234:2019 and SANS 11014:2010
Issue date: 4/28/2023 Revision date: 4/28/2025 Version: 1.0

SECTION 1: Identification

1.1. Product identifier

Product form : Mixture
Trade name : Arnica hot & icy - Muscle & joint massage gel
Type of product : Muscle and joint massage gel
Product code : 158532, 158533
Product group : Trade product

1.2. Relevant identified uses of the substance or mixture and uses advised against

Use of the substance/mixture :

1.3. Supplier's details

Manufacturer

Shield Chemicals (Pty) Ltd
9 London Rd Apex
P.O. Box 1939
1501 Benoni – Gauteng
South Africa
T (011) 421 7111
Contact: Jayson Clark

1.4. Emergency telephone number

Emergency number : (011) 421 7111

SECTION 2: Hazards identification

2.1. Classification of the substance or mixture

Classification according to the United Nations GHS

Flammable liquids Not classified
Skin sensitisation, Category 1 H317
Full text of H-statements: see section 16

2.2. Label elements

Labelling according to the United Nations GHS

Hazard pictograms (GHS ZA) :



Signal word (GHS-ZA) : Warning
Hazardous ingredients : Eucalyptus oil
Hazard statements (GHS ZA) : H317 - May cause an allergic skin reaction
Precautionary statements (GHS ZA) : P261 - Avoid breathing vapours.
P272 - Contaminated work clothing should not be allowed out of the workplace.
P280 - Wear eye protection, protective clothing, protective gloves.
P302+P352 - IF ON SKIN: Wash with plenty of soap and water
P321 - Specific treatment (see ... on this label).
P333+P317 - If skin irritation or rash occurs: Get medical help.
P362+P364 - Take off contaminated clothing and wash it before reuse.
P501 - Dispose of contents and container to hazardous or special waste collection point, in accordance with local, regional, national and/or international regulation.

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2.3. Other hazards

Adverse physicochemical, human health and environmental effects : May cause an allergic skin reaction.

SECTION 3: Composition/information on ingredients

3.1. Substances

Not applicable

3.2. Mixtures

Name	Product identifier	%	Classification according to the United Nations GHS
Ethanol	CAS-No.: 64-17-5	5.0 - 10.0	Flam. Liq. 2, H225 Acute Tox. Not classified (Oral) Acute Tox. Not classified (Dermal) Acute Tox. Not classified (Inhalation:dust,mist) Eye Irrit. 2A, H319 Aquatic Acute Not classified
L Menthol	CAS-No.: 2216-51-5	1.0 - 5.0	STOT RE Not classified Aquatic Acute 3, H402

SECTION 4: First aid measures

4.1. Description of first aid measures

First-aid measures after inhalation : Remove person to fresh air and keep comfortable for breathing.
First-aid measures after skin contact : Wash skin with plenty of water. Take off contaminated clothing. If skin irritation or rash occurs: Get medical advice/attention.
First-aid measures after eye contact : Rinse eyes with water as a precaution.
First-aid measures after ingestion : Call a poison center or a doctor if you feel unwell.

4.2. Most important symptoms and effects, both acute and delayed

Symptoms/effects after skin contact : May cause an allergic skin reaction.

4.3. Indication of any immediate medical attention and special treatment needed

Treat symptomatically.

SECTION 5: Firefighting measures

5.1. Extinguishing media

Suitable extinguishing media : Water spray. Dry powder. Foam. Carbon dioxide.

5.2. Special hazards arising from the substance or mixture

Hazardous decomposition products in case of fire : Toxic fumes may be released.

5.3. Advice for firefighters

Protection during firefighting : Do not attempt to take action without suitable protective equipment. Self-contained breathing apparatus. Complete protective clothing.

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SECTION 6: Accidental release measures

6.1. Personal precautions, protective equipment and emergency procedures

No additional information available

6.1.1. For non-emergency personnel

Emergency procedures : Ventilate spillage area. Avoid contact with skin and eyes. Avoid breathing vapours.

6.1.2. For emergency responders

Protective equipment : Do not attempt to take action without suitable protective equipment. For further information refer to section 8: "Exposure controls/personal protection".

6.2. Environmental precautions

Avoid release to the environment.

6.3. Methods and material for containment and cleaning up

Methods for cleaning up : Take up liquid spill into absorbent material.
Other information : Dispose of materials or solid residues at an authorized site.

SECTION 7: Handling and storage

7.1. Precautions for safe handling

Precautions for safe handling : Ensure good ventilation of the work station. Avoid contact with skin and eyes. Avoid breathing vapours. Wear personal protective equipment.
Hygiene measures : Contaminated work clothing should not be allowed out of the workplace. Wash contaminated clothing before reuse. Do not eat, drink or smoke when using this product. Always wash hands after handling the product.

7.2. Conditions for safe storage, including any incompatibilities

Storage conditions : Store in a well-ventilated place. Keep cool.

SECTION 8: Exposure controls/personal protection

8.1. Control parameters

No additional information available

8.2. Appropriate engineering controls

Appropriate engineering controls : Ensure good ventilation of the work station.
Environmental exposure controls : Avoid release to the environment.

8.3. Individual protection measures, such as personal protective equipment (PPE)

Hand protection : Protective gloves
Eye protection : Safety glasses
Skin and body protection : Wear suitable protective clothing
Respiratory protection : In case of insufficient ventilation, wear suitable respiratory equipment

Personal protective equipment symbol(s):



8.4. Exposure limit values for the other components

No additional information available

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SECTION 9: Physical and chemical properties

9.1. Information on basic physical and chemical properties

Physical state	: Liquid
Appearance	: Thick gel.
Colour	: Blue.
Odour	: characteristic.
Odour threshold	: No data available
pH	: 4.8 – 6.8
pH solution	: No data available
Relative evaporation rate (butylacetate=1)	: No data available
Relative evaporation rate (ether=1)	: No data available
Melting point	: Not applicable
Freezing point	: No data available
Boiling point	: No data available
Flash point	: > 100 °C
Auto-ignition temperature	: No data available
Decomposition temperature	: No data available
Flammability	: Not applicable
Vapour pressure	: No data available
Vapour pressure at 50°C	: No data available
Relative vapour density at 20°C	: No data available
Relative density	: No data available
Relative density of saturated gas/air mixture	: No data available
Density	: No data available
Relative gas density	: No data available
Solubility	: No data available
Partition coefficient n-octanol/water (Log Pow)	: No data available
Partition coefficient n-octanol/water (Log Kow)	: No data available
Viscosity, kinematic	: No data available
Viscosity, dynamic	: 40000 – 75000 mPa·s
Explosive properties	: No data available
Oxidising properties	: No data available
Explosive limits	: No data available
Lower explosion limit	: No data available
Upper explosion limit	: No data available

9.2. Other information

No additional information available

SECTION 10: Stability and reactivity

10.1. Reactivity

The product is non-reactive under normal conditions of use, storage and transport.

10.2. Chemical stability

Stable under normal conditions.

10.3. Possibility of hazardous reactions

No dangerous reactions known under normal conditions of use.

10.4. Conditions to avoid

None under recommended storage and handling conditions (see section 7).

10.5. Incompatible materials

No additional information available

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10.6. Hazardous decomposition products

Under normal conditions of storage and use, hazardous decomposition products should not be produced.

SECTION 11: Toxicological information

11.1. Information on toxicological effects

Acute toxicity (oral) : Not classified
Acute toxicity (dermal) : Not classified
Acute toxicity (inhalation) : Not classified

L Menthol (2216-51-5)	
LC50 Inhalation - Rat	≈ 5.289 mg/l air Animal: rat, Guideline: OECD Guideline 403 (Acute Inhalation Toxicity)
Ethanol (64-17-5)	
LD50 oral rat	10470 mg/kg
LD50 dermal rabbit	> 15800 mg/kg
LC50 Inhalation - Rat	51 mg/l/4h

Skin corrosion/irritation : Not classified
pH: 4.8 – 6.8
Serious eye damage/irritation : Not classified
pH: 4.8 – 6.8
Respiratory or skin sensitisation : May cause an allergic skin reaction.
Germ cell mutagenicity : Not classified
Carcinogenicity : Not classified
Reproductive toxicity : Not classified
STOT-single exposure : Not classified
STOT-repeated exposure : Not classified

L Menthol (2216-51-5)	
NOAEL (oral, rat, 90 days)	> 375 mg/kg bodyweight Animal: rat, Guideline: OECD Guideline 453 (Combined Chronic Toxicity / Carcinogenicity Studies), Remarks on results: not determinable

Aspiration hazard : Not classified

L Menthol (2216-51-5)	
Animal studies and expert judgment for classification	False
Ethanol (64-17-5)	
Animal studies and expert judgment for classification	False

SECTION 12: Ecological information

12.1. Toxicity

Ecology - general : The product is not considered harmful to aquatic organisms nor to cause long-term adverse effects in the environment.
Hazardous to the aquatic environment, short-term (acute) : Not classified
Hazardous to the aquatic environment, long-term (chronic) : Not classified

L Menthol (2216-51-5)	
LC50 - Fish [1]	15.6 mg/l Test organisms (species): Danio rerio (previous name: Brachydanio rerio)
EC50 - Crustacea [1]	26.6 mg/l Test organisms (species): Daphnia magna
EC50 72h - Algae [1]	20 mg/l Test organisms (species): Desmodesmus subspicatus (previous name: Scenedesmus subspicatus)

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L Menthol (2216-51-5)	
EC50 72h - Algae [2]	21.4 mg/l Test organisms (species): Desmodesmus subspicatus (previous name: Scenedesmus subspicatus)
Ethanol (64-17-5)	
LC50 - Fish [1]	11.2 mg/l
EC50 - Crustacea [1]	5012 mg/l
Bioconcentration factor (BCF REACH)	< 10

12.2. Persistence and degradability

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Persistence and degradability	No additional information available
Ethanol (64-17-5)	
Chemical oxygen demand (COD)	2.04 g O ₂ /g substance

12.3. Bioaccumulative potential

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Bioaccumulative potential	No additional information available
Ethanol (64-17-5)	
Bioconcentration factor (BCF REACH)	< 10

12.4. Mobility in soil

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Mobility in soil	No additional information available
Ethanol (64-17-5)	
Mobility in soil	1

12.5. Other adverse effects

Ozone : Not classified
Other adverse effects : No additional information available

SECTION 13: Disposal considerations

13.1. Disposal methods

Waste treatment methods : Dispose of contents/container in accordance with licensed collector's sorting instructions.

SECTION 14: Transport information

In accordance with SANS / IMDG / IATA

SANS	IMDG	IATA
14.1. UN number		
Not regulated for transport		
14.2. Proper Shipping Name		
Not applicable	Not applicable	Not applicable

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SANS	IMDG	IATA
14.3. Transport hazard class(es)		
Not applicable	Not applicable	Not applicable
Not applicable	Not applicable	Not applicable
14.4. Packing group		
Not applicable	Not applicable	Not applicable
14.5. Environmental hazards		
Dangerous for the environment : No	Dangerous for the environment : No Marine pollutant : No	Dangerous for the environment : No
No supplementary information available		

14.6. Special precautions for user

SANS

No data available

IMDG

No data available

IATA

No data available

14.7. Transport in bulk according to Annex II of MARPOL 73/78 and the IBC Code

Not applicable

SECTION 15: Regulatory information

15.1. Safety, health, and environmental national regulations specific for the product

No additional information available

SECTION 16: Other information

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Full text of H-statements	
H225	Highly flammable liquid and vapour
H226	Flammable liquid and vapour
H302	Harmful if swallowed
H303	May be harmful if swallowed
H304	May be fatal if swallowed and enters airways
H313	May be harmful in contact with skin
H315	Causes skin irritation
H317	May cause an allergic skin reaction
H318	Causes serious eye damage
H319	Causes serious eye irritation
H320	Causes eye irritation
H373	May cause damage to organs through prolonged or repeated exposure

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Full text of H-statements	
H400	Very toxic to aquatic life
H401	Toxic to aquatic life
H402	Harmful to aquatic life
H410	Very toxic to aquatic life with long lasting effects
H411	Toxic to aquatic life with long lasting effects
H412	Harmful to aquatic life with long lasting effects

Safety Data Sheet (SDS), South Africa

This information is based on our current knowledge and is intended to describe the product for the purposes of health, safety and environmental requirements only. It should not therefore be construed as guaranteeing any specific property of the product.