



Arnica hot & icy muscle & joint balm

Safety Data Sheet

according to SANS 10234:2019 and SANS 11014:2010
Issue date: 4/28/2023 Revision date: 4/28/2025 Version: 1.0

SECTION 1: Identification

1.1. Product identifier

Product form	: Mixture
Trade name	: Arnica hot & icy muscle & joint balm
Type of product	: Muscle and joint balm
Product code	: 158534
Product group	: Trade product

1.2. Relevant identified uses of the substance or mixture and uses advised against

Use of the substance/mixture :

1.3. Supplier's details

Manufacturer

Shield Chemicals (Pty) Ltd
9 London Rd Apex
P.O. Box 1939
1501 Benoni – Gauteng
South Africa
T (011) 421 7111
Contact: Jayson Clark

1.4. Emergency telephone number

Emergency number : (011) 421 7111

SECTION 2: Hazards identification

2.1. Classification of the substance or mixture

Classification according to the United Nations GHS

Specific target organ toxicity – Repeated exposure, Category 2 H373
Full text of H-statements: see section 16

2.2. Label elements

Labelling according to the United Nations GHS

Hazard pictograms (GHS ZA) :



Signal word (GHS-ZA)	: Warning
Hazardous ingredients	: Methyl salicylate
Hazard statements (GHS ZA)	: H373 - May cause damage to organs through prolonged or repeated exposure
Precautionary statements (GHS ZA)	: P260 - Do not breathe dusts or mists. P319 - Get medical help if you feel unwell. P501 - Dispose of contents and container to hazardous or special waste collection point, in accordance with local, regional, national and/or international regulation.

2.3. Other hazards

Adverse physicochemical, human health and environmental effects : May cause damage to organs through prolonged or repeated exposure, Harmful if swallowed, Toxic to aquatic life

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SECTION 3: Composition/information on ingredients

3.1. Substances

Not applicable

3.2. Mixtures

Name	Product identifier	%	Classification according to the United Nations GHS
Methyl salicylate	CAS-No.: 119-36-8	30.0 - 50.0	Acute Tox. 4 (Oral), H302 STOT RE 2, H373 Aquatic Acute 2, H401
L Menthol	CAS-No.: 2216-51-5	10.0 - 30.0	STOT RE Not classified Aquatic Acute 3, H402

SECTION 4: First aid measures

4.1. Description of first aid measures

First-aid measures general	: Call a poison center or a doctor if you feel unwell.
First-aid measures after inhalation	: Remove person to fresh air and keep comfortable for breathing.
First-aid measures after skin contact	: Wash skin with plenty of water.
First-aid measures after eye contact	: Rinse eyes with water as a precaution.
First-aid measures after ingestion	: Rinse mouth. Call a poison center or a doctor if you feel unwell.

4.2. Most important symptoms and effects, both acute and delayed

No additional information available

4.3. Indication of any immediate medical attention and special treatment needed

Treat symptomatically.

SECTION 5: Firefighting measures

5.1. Extinguishing media

Suitable extinguishing media	: Water spray. Dry powder. Foam.
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5.2. Special hazards arising from the substance or mixture

Hazardous decomposition products in case of fire	: Toxic fumes may be released.
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5.3. Advice for firefighters

Protection during firefighting	: Do not attempt to take action without suitable protective equipment. Self-contained breathing apparatus. Complete protective clothing.
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SECTION 6: Accidental release measures

6.1. Personal precautions, protective equipment and emergency procedures

No additional information available

6.1.1. For non-emergency personnel

Emergency procedures	: Ventilate spillage area. Do not breathe vapours.
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6.1.2. For emergency responders

Protective equipment	: Do not attempt to take action without suitable protective equipment. For further information refer to section 8: "Exposure controls/personal protection".
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6.2. Environmental precautions

Avoid release to the environment.

6.3. Methods and material for containment and cleaning up

For containment	: Collect spillage.
Methods for cleaning up	: Mechanically recover the product.
Other information	: Dispose of materials or solid residues at an authorized site.

SECTION 7: Handling and storage

7.1. Precautions for safe handling

Precautions for safe handling	: Ensure good ventilation of the work station. Wear personal protective equipment. Do not breathe vapours.
Hygiene measures	: Do not eat, drink or smoke when using this product. Always wash hands after handling the product.

7.2. Conditions for safe storage, including any incompatibilities

Storage conditions	: Store in a well-ventilated place. Keep cool.
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SECTION 8: Exposure controls/personal protection

8.1. Control parameters

No additional information available

8.2. Appropriate engineering controls

Appropriate engineering controls	: Ensure good ventilation of the work station.
Environmental exposure controls	: Avoid release to the environment.

8.3. Individual protection measures, such as personal protective equipment (PPE)

Hand protection	: Protective gloves
Eye protection	: Safety glasses
Skin and body protection	: Wear suitable protective clothing
Respiratory protection	: In case of insufficient ventilation, wear suitable respiratory equipment

Personal protective equipment symbol(s):



8.4. Exposure limit values for the other components

No additional information available

SECTION 9: Physical and chemical properties

9.1. Information on basic physical and chemical properties

Physical state	: Solid
Appearance	: Balm.
Colour	: Opaque.
Odour	: characteristic.
Odour threshold	: No data available
pH	: No data available
pH solution	: No data available
Relative evaporation rate (butylacetate=1)	: No data available

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Relative evaporation rate (ether=1)	: No data available
Melting point	: No data available
Freezing point	: Not applicable
Boiling point	: No data available
Flash point	: Not applicable
Auto-ignition temperature	: Not applicable
Decomposition temperature	: No data available
Flammability	: Non flammable.
Vapour pressure	: No data available
Vapour pressure at 50°C	: No data available
Relative vapour density at 20°C	: No data available
Relative density	: No data available
Relative density of saturated gas/air mixture	: No data available
Density	: No data available
Relative gas density	: No data available
Solubility	: No data available
Partition coefficient n-octanol/water (Log Pow)	: No data available
Partition coefficient n-octanol/water (Log Kow)	: No data available
Viscosity, kinematic	: Not applicable
Viscosity, dynamic	: No data available
Explosive properties	: No data available
Oxidising properties	: No data available
Explosive limits	: Not applicable
Lower explosion limit	: No data available
Upper explosion limit	: No data available

9.2. Other information

No additional information available

SECTION 10: Stability and reactivity

10.1. Reactivity

The product is non-reactive under normal conditions of use, storage and transport.

10.2. Chemical stability

Stable under normal conditions.

10.3. Possibility of hazardous reactions

No dangerous reactions known under normal conditions of use.

10.4. Conditions to avoid

None under recommended storage and handling conditions (see section 7).

10.5. Incompatible materials

No additional information available

10.6. Hazardous decomposition products

Under normal conditions of storage and use, hazardous decomposition products should not be produced.

SECTION 11: Toxicological information

11.1. Information on toxicological effects

Acute toxicity (oral)	: Not classified
Acute toxicity (dermal)	: Not classified
Acute toxicity (inhalation)	: Not classified

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Methyl salicylate (119-36-8)	
LD50 oral rat	887 mg/kg bodyweight Animal: rat, Guideline: OECD Guideline 401 (Acute Oral Toxicity), 95% CL: 715 - 1100
LD50 oral	1060 mg/kg bodyweight Animal: guinea pig, Guideline: OECD Guideline 401 (Acute Oral Toxicity), 95% CL: 873 - 1300

L Menthol (2216-51-5)	
LC50 Inhalation - Rat	≈ 5.289 mg/l air Animal: rat, Guideline: OECD Guideline 403 (Acute Inhalation Toxicity)

Skin corrosion/irritation	: Not classified
Serious eye damage/irritation	: Not classified
Respiratory or skin sensitisation	: Not classified
Germ cell mutagenicity	: Not classified
Carcinogenicity	: Not classified
Reproductive toxicity	: Not classified
STOT-single exposure	: Not classified
STOT-repeated exposure	: May cause damage to organs through prolonged or repeated exposure.

Methyl salicylate (119-36-8)	
NOAEL (oral, rat, 90 days)	50 mg/kg bodyweight Animal: rat
STOT-repeated exposure	May cause damage to organs through prolonged or repeated exposure.

L Menthol (2216-51-5)	
NOAEL (oral, rat, 90 days)	> 375 mg/kg bodyweight Animal: rat, Guideline: OECD Guideline 453 (Combined Chronic Toxicity / Carcinogenicity Studies), Remarks on results: not determinable

Aspiration hazard	: Not classified
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Viscosity, kinematic	Not applicable

Methyl salicylate (119-36-8)	
Animal studies and expert judgment for classification	False

L Menthol (2216-51-5)	
Animal studies and expert judgment for classification	False

SECTION 12: Ecological information

12.1. Toxicity

Ecology - general	: Toxic to aquatic life.
Hazardous to the aquatic environment, short-term (acute)	: Not classified
Hazardous to the aquatic environment, long-term (chronic)	: Not classified

Methyl salicylate (119-36-8)	
LC50 - Fish [1]	19.8 mg/l Test organisms (species): Pimephales promelas
LC50 - Fish [2]	1370 mg/l Test organisms (species): Pimephales promelas
EC50 - Crustacea [1]	28 mg/l Test organisms (species): Daphnia magna
EC50 72h - Algae [1]	1.6 mg/l Test organisms (species): Desmodesmus subspicatus (previous name: Scenedesmus subspicatus)
EC50 72h - Algae [2]	1.1 mg/l Test organisms (species): Desmodesmus subspicatus (previous name: Scenedesmus subspicatus)

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L Menthol (2216-51-5)	
LC50 - Fish [1]	15.6 mg/l Test organisms (species): Danio rerio (previous name: Brachydanio rerio)
EC50 - Crustacea [1]	26.6 mg/l Test organisms (species): Daphnia magna
EC50 72h - Algae [1]	20 mg/l Test organisms (species): Desmodesmus subspicatus (previous name: Scenedesmus subspicatus)
EC50 72h - Algae [2]	21.4 mg/l Test organisms (species): Desmodesmus subspicatus (previous name: Scenedesmus subspicatus)

12.2. Persistence and degradability

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Persistence and degradability	No additional information available

12.3. Bioaccumulative potential

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Bioaccumulative potential	No additional information available

12.4. Mobility in soil

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Mobility in soil	No additional information available

12.5. Other adverse effects

Ozone	: Not classified
Other adverse effects	: No additional information available

SECTION 13: Disposal considerations

13.1. Disposal methods

Waste treatment methods	: Dispose of contents/container in accordance with licensed collector's sorting instructions.
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SECTION 14: Transport information

In accordance with SANS / IMDG / IATA

SANS	IMDG	IATA
14.1. UN number		
Not regulated for transport		
14.2. Proper Shipping Name		
Not applicable	Not applicable	Not applicable
14.3. Transport hazard class(es)		
Not applicable	Not applicable	Not applicable
Not applicable	Not applicable	Not applicable
14.4. Packing group		
Not applicable	Not applicable	Not applicable
14.5. Environmental hazards		
Dangerous for the environment : No	Dangerous for the environment : No Marine pollutant : No	Dangerous for the environment : No

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SANS	IMDG	IATA
No supplementary information available		

14.6. Special precautions for user

SANS

No data available

IMDG

No data available

IATA

No data available

14.7. Transport in bulk according to Annex II of MARPOL 73/78 and the IBC Code

Not applicable

SECTION 15: Regulatory information

15.1. Safety, health, and environmental national regulations specific for the product

No additional information available

SECTION 16: Other information

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Full text of H-statements	
H226	Flammable liquid and vapour
H302	Harmful if swallowed
H313	May be harmful in contact with skin
H319	Causes serious eye irritation
H373	May cause damage to organs through prolonged or repeated exposure
H400	Very toxic to aquatic life
H401	Toxic to aquatic life
H402	Harmful to aquatic life
H410	Very toxic to aquatic life with long lasting effects
H412	Harmful to aquatic life with long lasting effects

Safety Data Sheet (SDS), South Africa

This information is based on our current knowledge and is intended to describe the product for the purposes of health, safety and environmental requirements only. It should not therefore be construed as guaranteeing any specific property of the product.